



# Les nouveautés concernant les recommandations internationales pour la prévention des infections liées à un cathéter

**FOCUS on CVC**

Dr. med. Niccolò BUETTI, MSc PhD

IPC & ID specialist

Service PCI, Hôpitaux Universitaires de Genève (HUG)

# CONTENT

- Introduction

- SHEA/IDSA compendium 2022

- Selected recently published studies about the prevention of intravascular catheter infections

- Conclusions

# INTRODUCTION

## Utilization of intravascular catheters (ICU & CVC):

**Table 3. ICU-acquired central line-associated bloodstream infection (CLABSI) rates by country, EU/EEA, 2017**

Country/Network	Number of ICUs	Number of patients	Average length of ICU stay (days)	CVC use (days per 100 patient days)	CLABSI rate (episodes per 1 000 catheter-days)			
					Country mean	25th percentile	Median	75th percentile
Belgium	3	614	8.6	71.2	2.7	1.9	3.2	3.8
Estonia	4	309	12.1	86.7	3.6	1.1	3.6	6.0
France	198	68 568	11.1	64.7	2.2	0.9	1.8	2.8
Hungary	8	797	9.6	21.7	4.3	0.0	0.0	7.9
Italy/GiVITI	63	13 950	9.8	82.8	3.0	1.3	2.3	4.1
Italy/SPIN-UTI	27	1 483	11.4	88.7	4.8	0.9	4.1	6.6
Lithuania	22	2 279	8.5	66.5	1.9	0.0	0.8	2.8
Luxembourg	8	2 843	9.8	66.4	1.7	0.0	1.7	2.8
Portugal	43	7 361	11.5	80.4	1.7	0.0	1.0	1.9
Slovakia	8	387	9.3	79.3	4.7	2.5	3.6	6.5
Spain	183	34 119	7.8	75.2	2.6	0.0	1.8	3.8
United Kingdom – Scotland	22	8 729	7.3	62.2	1.7	0.7	1.3	3.0

Source: ECDC, HAI-Net patient-based data 2017

**CVC utilisation rate:**  
 - average 70.1  
CVC-days per 100 patient-days

# INTRODUCTION

## Utilization of intravascular catheters (CVC):

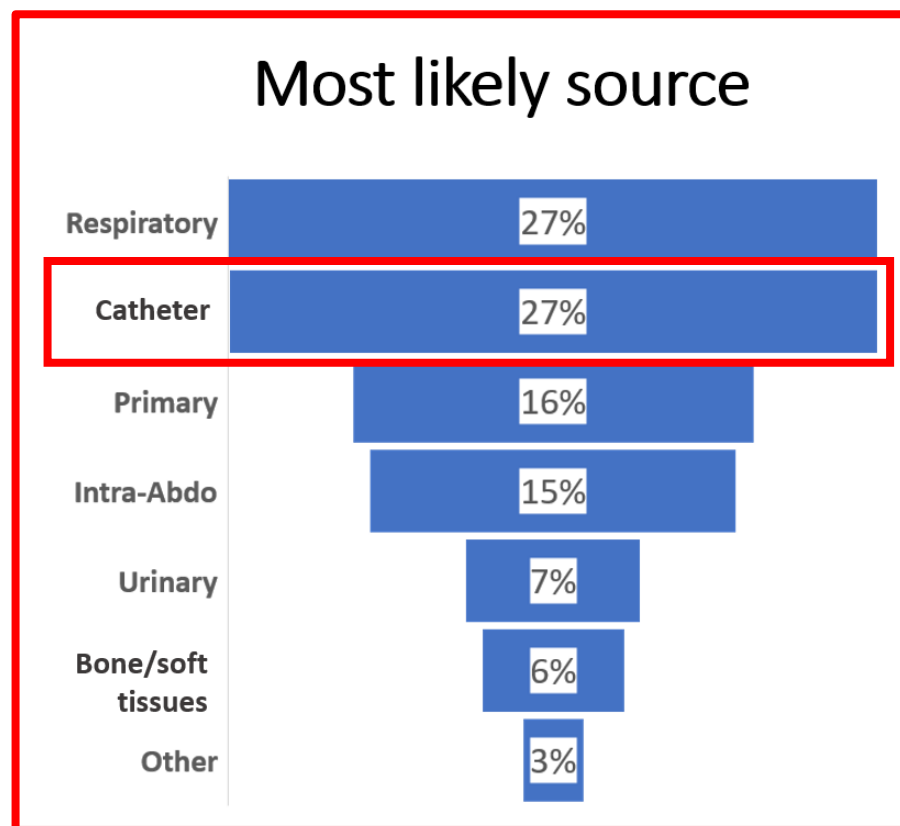
Patient characteristics – national point prevalence survey on healthcare-associated infections in acute care hospitals, Switzerland, 2017 (n = 12,931)

	All hospitals n = 12,931			Hospital size									p value
				< 200 beds n = 3,516			200–650 beds n = 4,380			> 650 beds n = 5,035			
	n	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	
Male sex	6,185	47.8	47.0–48.7	n=3,516	46.2	44.5–47.8	n=4,380	47.3	45.8–48.8	n=5,035	49.4	48.1–50.8	0.002
Age group													
0 years	509	3.9	3.6–4.3	147	4.2	3.5–4.8	161	3.7	3.1–4.2	201	4.0	3.5–4.5	0.501
1–17 years	481	3.7	3.4–4.0	214	6.1	5.3–6.9	82	1.9	1.5–2.3	185	3.7	3.2–4.2	<0.001
18–40 years	1,647	12.7	12.2–13.3	475	13.5	12.4–14.6	512	11.7	10.7–12.6	660	13.1	12.2–14.0	0.033
41–60 years	2,284	17.7	17.0–18.3	568	16.2	14.9–17.4	737	16.8	15.7–17.9	979	19.4	18.4–20.5	<0.001
61–80 years	4,942	38.2	37.4–39.1	1,250	35.6	34.0–37.1	1,795	41.0	39.5–42.4	1,897	37.7	36.2–39.0	<0.001
>80 years	3,068	23.7	23.0–24.5	862	24.5	23.1–25.9	1,093	25.0	23.7–26.2	1,113	22.1	21.0–23.5	0.002
McCabe score													
Not fatal	10,119	78.3	77.5–79.0	2,892	82.3	81.0–83.5	3,306	75.5	74.2–76.8	3,921	77.9	76.7–79.0	<0.001
Ultimately fatal	1,730	13.4	12.8–14.0	456	13.0	11.9–14.1	611	13.9	12.9–15.0	663	13.2	12.2–14.1	0.903
Rapidly fatal	669	5.2	4.8–5.6	119	3.4	2.8–4.0	154	3.5	3.0–4.1	396	7.9	7.1–8.6	<0.001
Unknown	413	3.2	2.9–3.5	49	1.4	1.0–1.8	309	7.1	6.3–7.8	55	1.1	0.8–1.4	0.008
Surgery and medical device use													
Surgery*	3,210	24.8	24.1–25.6	847	24.1	22.7–25.5	1,117	25.5	24.1–26.8	1,246	24.8	23.6–25.9	0.579
PVC	6,281	48.6	47.7–49.5	1,806	51.4	49.8–53.1	2,209	50.5	49.0–52.0	2,266	45.0	43.6–46.4	<0.001
CVC	1,355	10.5	10.0–11.0	231	6.6	5.6–7.4	397	9.1	8.2–9.9	727	14.4	13.5–15.4	<0.001
Urinary catheter	2,122	16.4	15.8–17.1	558	15.9	14.7–17.1	730	16.7	15.6–17.8	834	16.6	15.5–17.6	0.443

**Point-prevalence study 2017, Switzerland**

# INTRODUCTION

## ICU-acquired bloodstream infections: the Eurobact2 study



A multicontinental study (2019 - 2021):

- 333 ICUs, 52 countries
- 2600 nosocomial ICU-treated BSIs
- 59% Gram-negative

# INTRODUCTION

## CLABSI costs:

**TABLE 4.** Estimated adjusted excess total and variable inpatient hospital costs (2010 US dollars (USD)) for patients with any intensive-care unit (ICU) stay (*n* = 150)

Characteristic	Adjusted <sup>a</sup> total costs (2010 USD)			Adjusted <sup>a</sup> variable costs (2010 USD)		
	Coefficient	Excess cost	p	Coefficient	Excess cost	p
CLABSI	0.198	49 618	0.04	0.211	32 412	0.03
Other HAI	0.561	122 217	<0.0001	0.595	78 832	<0.0001
Multiple catheters	0.362	96 000	<0.01	0.386	63 096	<0.01
ICU stay, per day	0.011	2921	<0.0001	0.011	1726	<0.0001
Step-down stay, per day	0.008	2111	<0.0001	0.008	1280	<0.0001

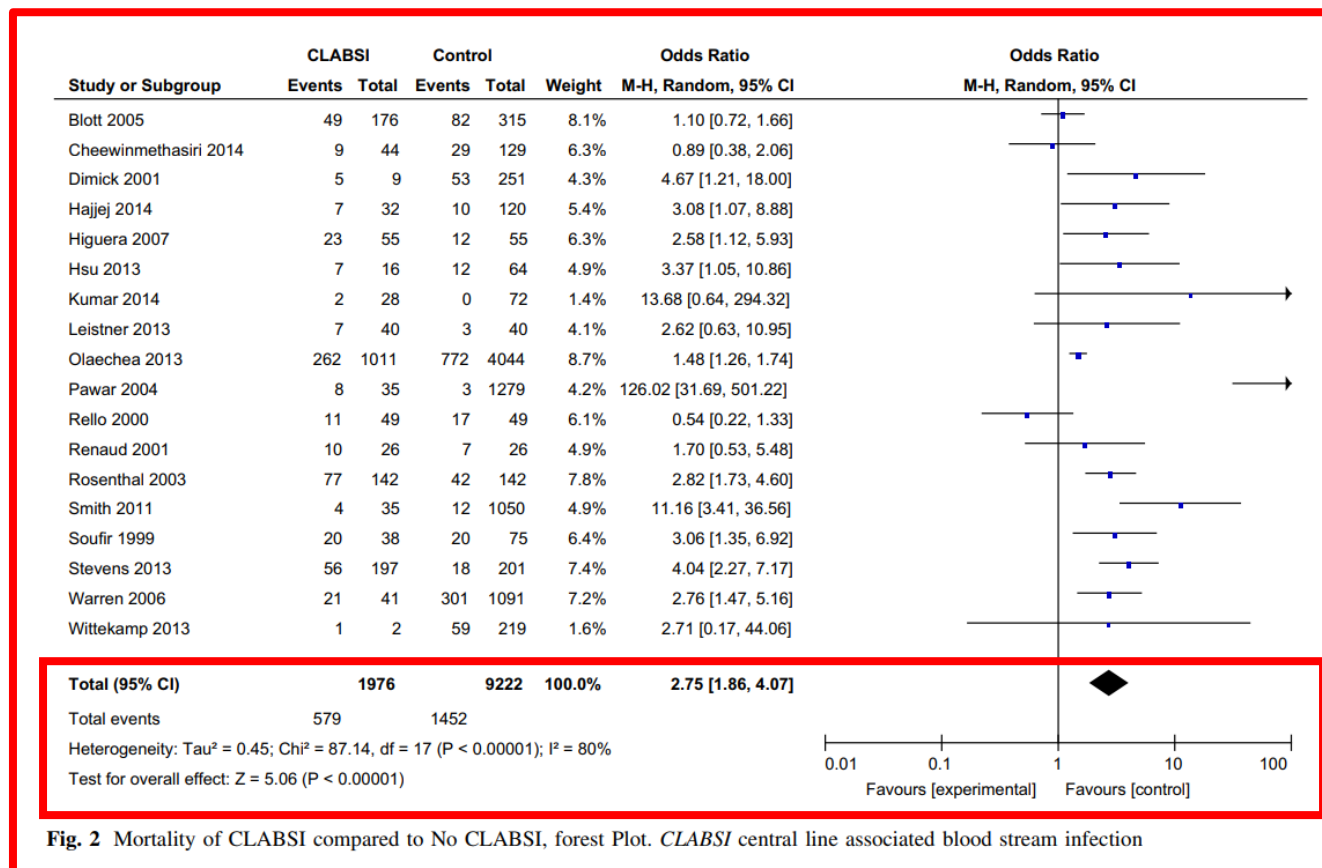
CLABSI, central-line-associated bloodstream infection; HAI, healthcare-associated infection.

<sup>a</sup>All costs were modelled by generalized linear regression with log link and gamma distribution. In addition to the variables listed in the table, estimates were also adjusted for gender, age, race, major surgical procedure, Acute Physiologic and Chronic Health Evaluation (APACHE) II score, Charlson Comorbidity Index, diagnosis-related group (DRG) weight, and DRG system (AP-DRG, CMS-DRG, or APR-DRG).

**A bit old data BUT results:**  
 In both ICU and non-ICU patients → adjusted variable costs for patients with CLABSI were c. \$32 000 (2010 US dollars) higher on average than for patients without CLABSI.

# INTRODUCTION

## CLABSI mortality:



- Meta-analysis of case control and cohort studies (matched and unmatched)
- Mortality of patients with and without CLABSI was performed

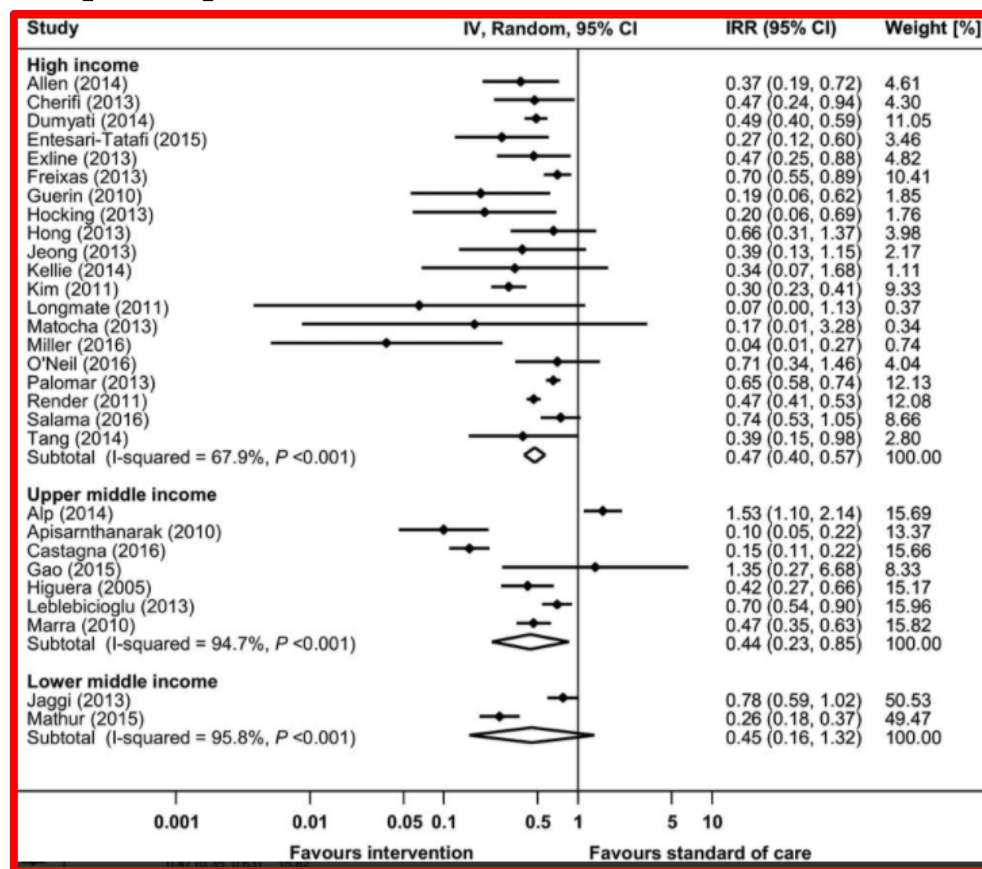
CAVE: *S aureus* >>  
CoNS

Fig. 2 Mortality of CLABSI compared to No CLABSI, forest Plot. CLABSI central line associated blood stream infection



# INTRODUCTION

## Preventable proportion of CLABSI:



























Significant reduction of HAI rates in the range of 35%–55% associated with multifaceted interventions irrespective of a country's income level

CLABSI: 0.459 (95% CI, 0.381-0.554)



# INTRODUCTION

## COVID-19 & intravascular catheter infections:

	2020 Q1	2020 Q2	2020 Q3	2020 Q4
CLABSI	 -11.8%	 27.9%	 46.4%	 47.0%
CAUTI	 -21.3%	No Change <sup>1</sup>	 12.7%	 18.8%
VAE	 11.3%	 33.7%	 29.0%	 44.8%
SSI: Colon surgery	 -9.1%	No Change <sup>1</sup>	 -6.9%	 -8.3%
SSI: Abdominal hysterectomy	 -16.0%	No Change <sup>1</sup>	No Change <sup>1</sup>	 -13.1%
Laboratory-identified MRSA bacteremia	 -7.2%	 12.2%	 22.5%	 33.8%
Laboratory-identified CDI	 -17.5%	 -10.3%	 -8.8%	 -5.5%

# INTRODUCTION

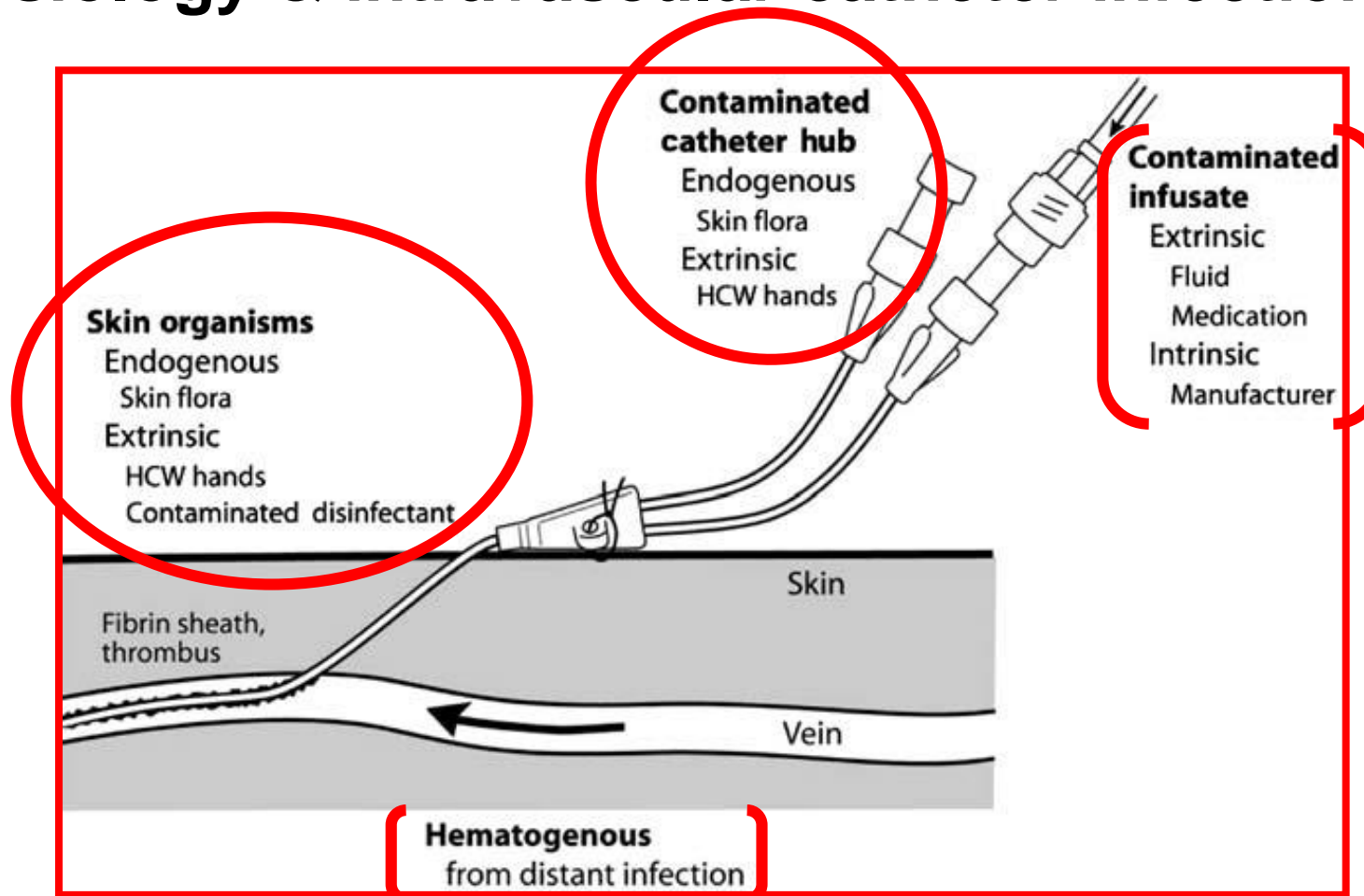
## Pathophysiology & intravascular c

### ENDOLUMINAL ROUTE:

- Catheter care
- Long-term catheters

### EXTRALUMINAL ROUTE

- Insertion
- Short-term catheters



# CONTENT

- Introduction

- SHEA/IDSA compendium 2022

- Selected recommendations for  
intravascular catheters

- Conclusions









*With a lot of self-criticism 😊*

*Infection Control & Hospital Epidemiology* (2022), **43**, 553–569  
doi:10.1017/ice.2022.87



## SHEA/IDSA/APIC Practice Recommendation

### Strategies to prevent central line-associated bloodstream infections in acute-care hospitals: 2022 Update

Niccolò Buetti MD, MSc, PhD<sup>1,2,a</sup> , Jonas Marschall MD, MSc<sup>3,4,a</sup> , Marci Drees MD, MS<sup>5,6</sup> ,  
Mohamad G. Fakih MD, MPH<sup>7</sup> , Lynn Hadaway MEd, RN, NPD-BC, CRNI<sup>8</sup>, Lisa L. Maragakis MD, MPH<sup>9</sup>,  
Elizabeth Monsees PhD, MBA, RN, CIC<sup>10,11</sup> , Shannon Novosad MD MPH<sup>12</sup>, Naomi P. O'Grady MD<sup>13</sup>,  
Mark E. Rupp MD<sup>14</sup> , Joshua Wolf MBBS, PhD, FRACP<sup>15,16</sup> , Deborah Yokoe MD, MPH<sup>17</sup> and  
Leonard A. Mermel DO, ScM<sup>18,19</sup> 

# SHEA/IDSA

## Essential Practices

### *Before insertion*

1. Provide easy access to an evidence-based list of indications for CVC use to minimize unnecessary CVC placement (Quality of Evidence: LOW)
2. Require education and competency assessment of HCP involved in insertion, care, and maintenance of CVCs about CLABSI prevention (Quality of Evidence: MODERATE)<sup>74-78</sup>
3. Bathe ICU patients aged >2 months with a chlorhexidine preparation on a daily basis (Quality of Evidence: HIGH)<sup>86-90</sup>

### *At insertion*

1. In ICU and non-ICU settings, a facility should have a process in place, such as a checklist, to ensure adherence to infection prevention practices at the time of CVC insertion (Quality of Evidence: MODERATE)<sup>101</sup>
2. Perform hand hygiene prior to catheter insertion or manipulation (Quality of Evidence: MODERATE)<sup>102-107</sup>
3. The subclavian site is preferred to reduce infectious complications when the catheter is placed in the ICU setting (Quality of Evidence: HIGH)<sup>33,37,108-110</sup>
4. Use an all-inclusive catheter cart or kit (Quality of Evidence: MODERATE)<sup>118</sup>
5. Use ultrasound guidance for catheter insertion (Quality of Evidence: HIGH)<sup>119,120</sup>
6. Use maximum sterile barrier precautions during CVC insertion (Quality of Evidence: MODERATE)<sup>123-128</sup>
7. Use an alcoholic chlorhexidine antiseptic for skin preparation (Quality of Evidence: HIGH)<sup>42,129-134</sup>

### *After insertion*

1. Ensure appropriate nurse-to-patient ratio and limit use of float nurses in ICUs (Quality of Evidence: HIGH)<sup>34,35</sup>
2. Use chlorhexidine-containing dressings for CVCs in patients over 2 months of age (Quality of Evidence: HIGH)<sup>45,135-142</sup>
3. For non-tunneled CVCs in adults and children, change transparent dressings and perform site care with a chlorhexidine-based antiseptic at least every 7 days or immediately if the dressing is soiled, loose, or damp. Change gauze dressings every 2 days or earlier if the dressing is soiled, loose, or damp (Quality of Evidence: MODERATE)<sup>145-148</sup>
4. Disinfect catheter hubs, needleless connectors, and injection ports before accessing the catheter (Quality of Evidence: MODERATE)<sup>150-154</sup>
5. Remove nonessential catheters (Quality of Evidence: MODERATE)
6. Routine replacement of administration sets not used for blood, blood products, or lipid formulations can be performed at intervals up to 7 days (Quality of Evidence: HIGH)<sup>164</sup>
7. Perform surveillance for CLABSI in ICU and non-ICU settings (Quality of Evidence: HIGH)<sup>13,165,166</sup>

# SHEA/IDSA

## Before insertion:

### *Before insertion*

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OK

OK

??

- **Several RCTs showed a reduction of CLABSI...**



# SHEA/IDSA

## Before insertion:

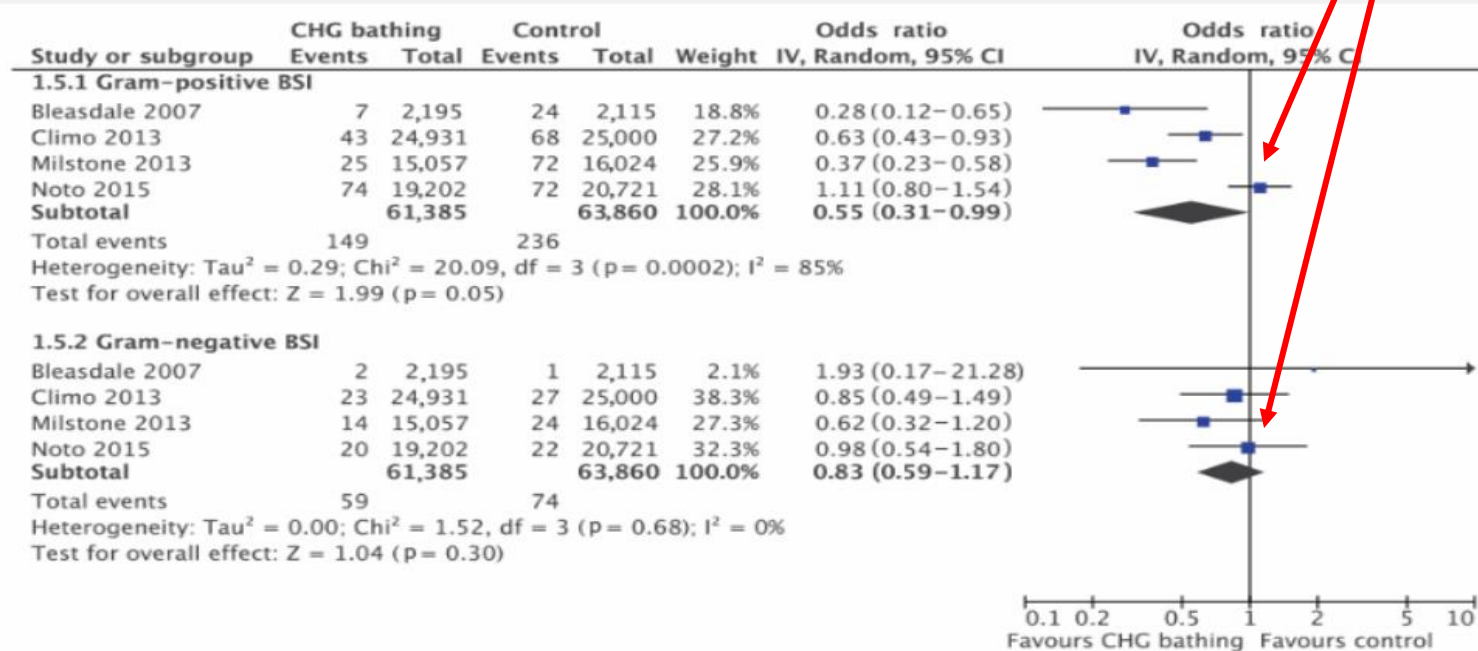
- Chlorhexidine bathing:

Last RCT (2012-2013): negative results

Reduction -> possibly due to the reduction of commensal Gram-positive skin microorganisms?

(intervention effect → partially explained by a reduction in blood culture contamination?).

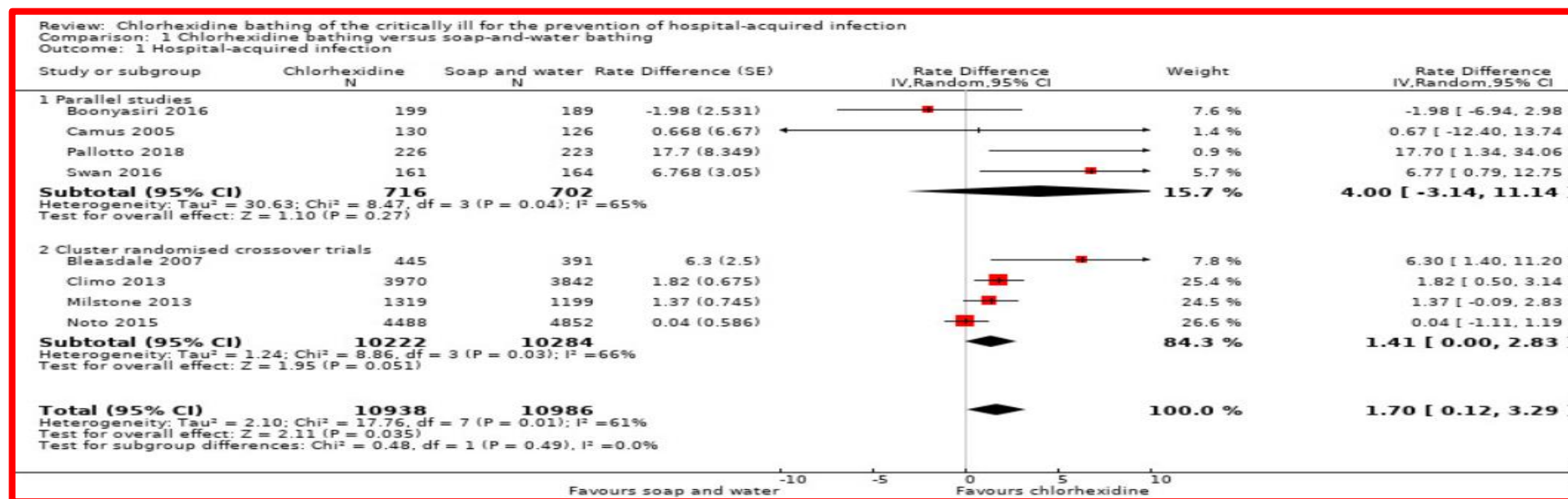
Figure 5. Subgroup analysis of rates of hospital-acquired Gram-positive and Gram-negative bloodstream infections per patient days (n = 4 studies)



# SHEA/IDSA

## Before insertion:

- Chlorhexidine bathing:
  - Large meta-analysis with other outcomes...
    - "it is not clear whether bathing with chlorhexidine reduces hospital-acquired infections, mortality, or length of stay in the ICU"





# SHEA/IDSA

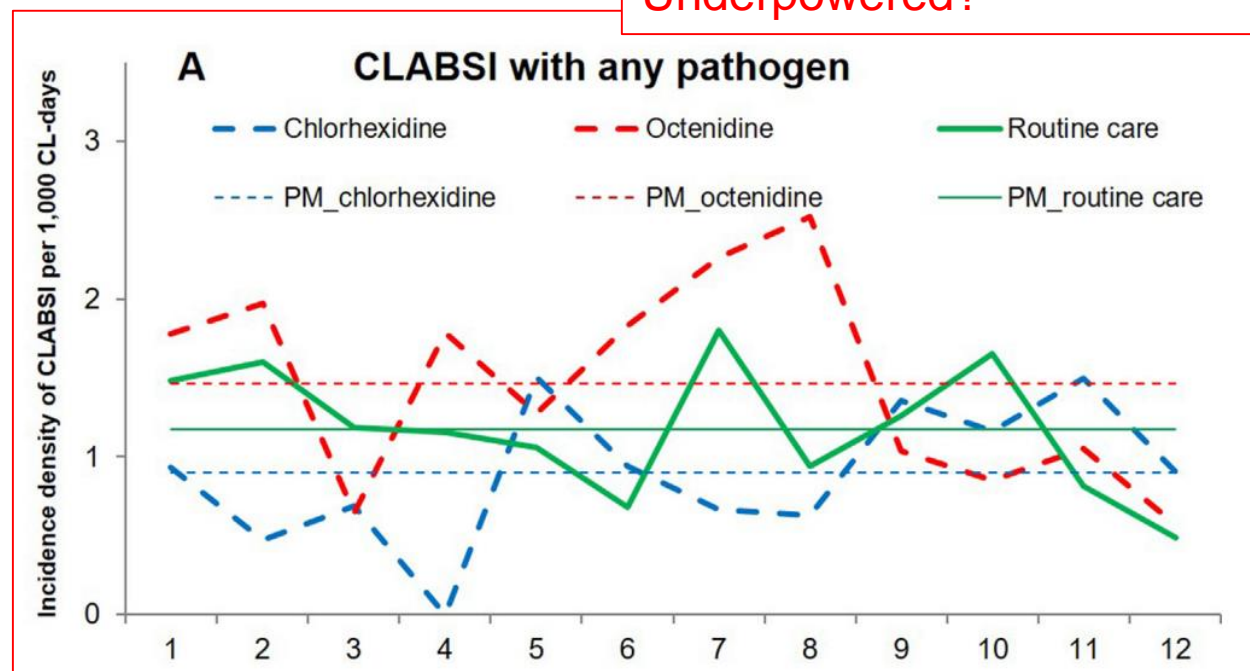
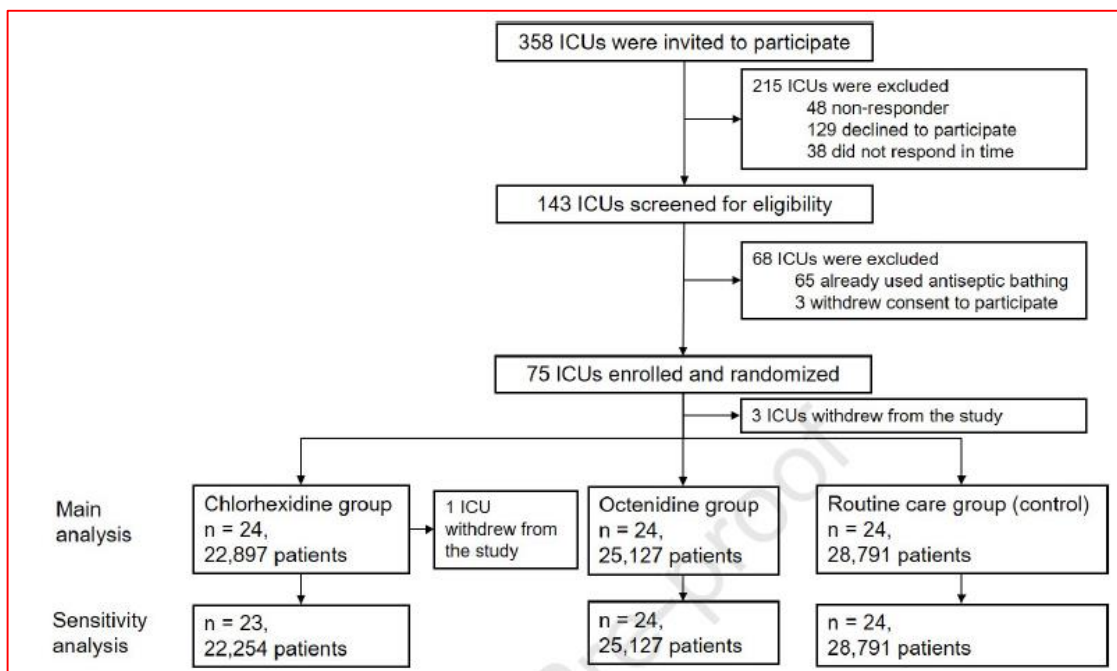
## Before insertion:

- Chlorhexidine bathing:
- New large c-RCT from Germany:

Adjusted IRR of CLABSI:

- 0.69 (0.37-1.22), **p=0.28** for CHX
- 1.22 (0.54-2.75), **p=0.65** octenidine

Underpowered?



# SHEA/IDSA

## Before insertion:

### *Before insertion*

1. Provide easy access to an evidence-based list of indications for CVC use to minimize unnecessary CVC placement (Quality of Evidence: LOW)
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3. Bathe ICU patients aged >2 months with a chlorhexidine preparation on a daily basis (Quality of Evidence: HIGH)<sup>86-90</sup>

OK

OK

??

- **Not sure:**

- RCT (2015) negative, large c-RCT (2022) negative
- Effect more on Gram-positive (effect on Gram-negative unclear, probably more CoNS & BC contaminations...)
- CHX everywhere?
- Conclusions?



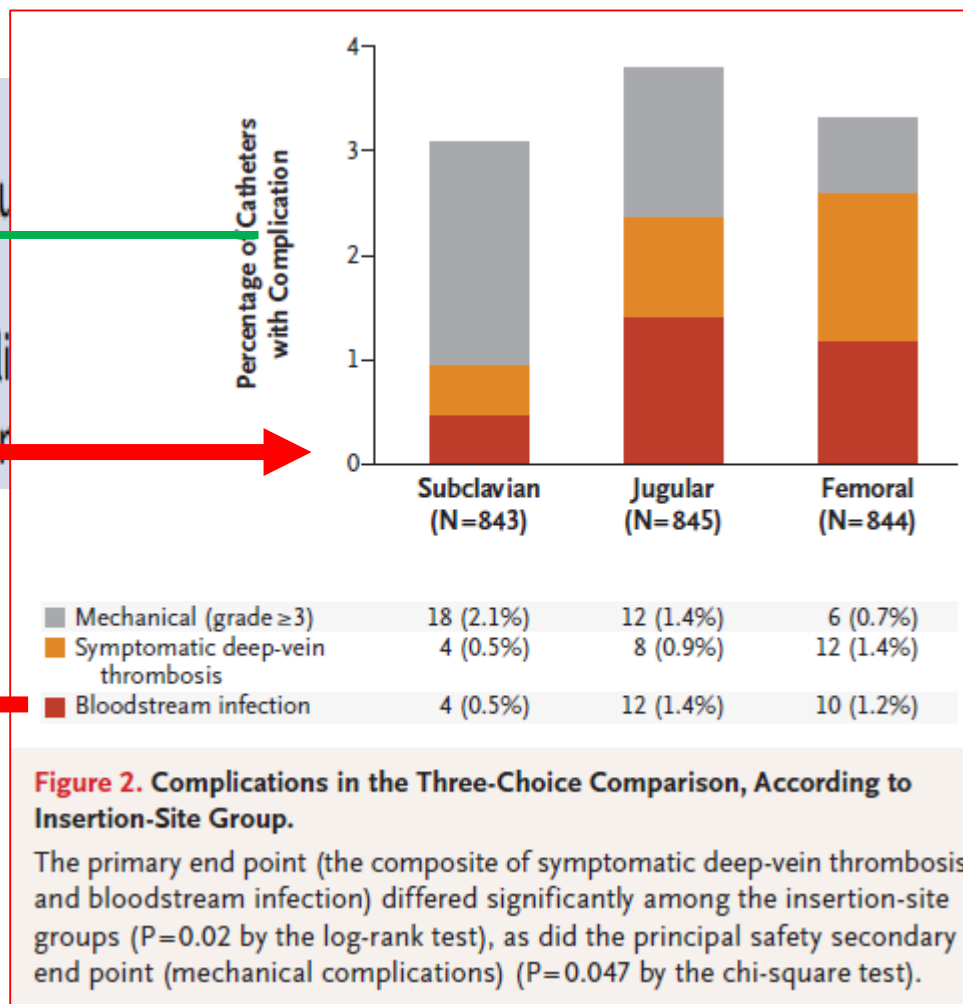
# SHEA/IDSA

## At insertion:

### At insertion

1. In ICU and non-ICU settings, a facility should have a process in place, such as a checklist, to ensure the timing of CVC insertion (Quality of Evidence: MODERATE)<sup>101</sup>
2. Perform hand hygiene prior to catheter insertion or manipulation (Quality of Evidence: MODERATE)
3. The subclavian site is preferred to reduce infectious complications when compared with the femoral site (Quality of Evidence: MODERATE)

- **3SITES trial:**
  - Large RCT FEM vs JUG vs SUBCL:



ces at the

OK

OK

**Discussion**

# SHEA/IDSA

## At insertion:

### • Subclavian insertions?

#### • Summary:

- Subclavian for long catheter maintenance
- For (predictable?) short catheter maintenance: Jugular and femoral insertions OK
- Risk difference between FEM and JUG:

#### • 3SITES:

group (hazard ratio, 2.1; 95% CI, 1.0 to 4.5; P=0.04), whereas the risk in the femoral group was similar to that in the jugular group (hazard ratio, 1.3; 95% CI, 0.8 to 2.1; P=0.30).

#### • Suggestions:

- internal jugular insertion better with BMI>28.4 kg/m<sup>2</sup>, OR
- internal jugular site when the catheter was left in place for more than 5 days

# SHEA/IDSA

## At insertion:

4. Use an all-inclusive catheter cart or kit (Quality of Evidence: MODERATE)<sup>118</sup>
5. Use ultrasound guidance for catheter insertion (Quality of Evidence: HIGH)<sup>119,120</sup>
6. Use maximum sterile barrier precautions during CVC insertion (Quality of Evidence: MODERATE)<sup>123-128</sup>
7. Use an alcoholic chlorhexidine antiseptic for skin preparation (Quality of Evidence: HIGH)<sup>42,129-134</sup>

OK

To be discussed...

OK

Small discussion

- CLEAN study: superiority of alcoholic 2% CHG versus PVI. What about percentage?

**Table 1 Multivariate Cox analysis of catheter-related infection (CRI) and catheter-related bloodstream infection (CRBSI) in the 3SITES cohort study (n = 3471)**

	CRI		CRBSI	
	aHR (95 % CI)	p value	aHR (95 % CI)	p value
Antiseptic <sup>a</sup>				
5 % PVI-a (4-step)	1 [reference]		1 [reference]	
2 % CHX-a (1-step)	0.51 (0.28–0.96)	0.037	0.83 (0.38–1.79)	0.63
<1 % CHX-a (4-step)	0.73 (0.36–1.48)	0.37	0.93 (0.37–2.37)	0.94
10 % PVI (4-step)	1.50 (0.85–2.64)	0.16	1.17 (0.49–2.81)	0.73
Other or unknown	0.82 (0.21–3.18)	0.82	0.87 (0.12–6.31)	0.89

In comparison with PVI-a, the use of 2 % CHX-a for cutaneous disinfection of the CVC insertion site and maintenance catheter care was associated with a reduced risk of catheter infection, while the benefit of <1 % CHX-a was uncertain.



# SHEA/IDSA

## After insertion:

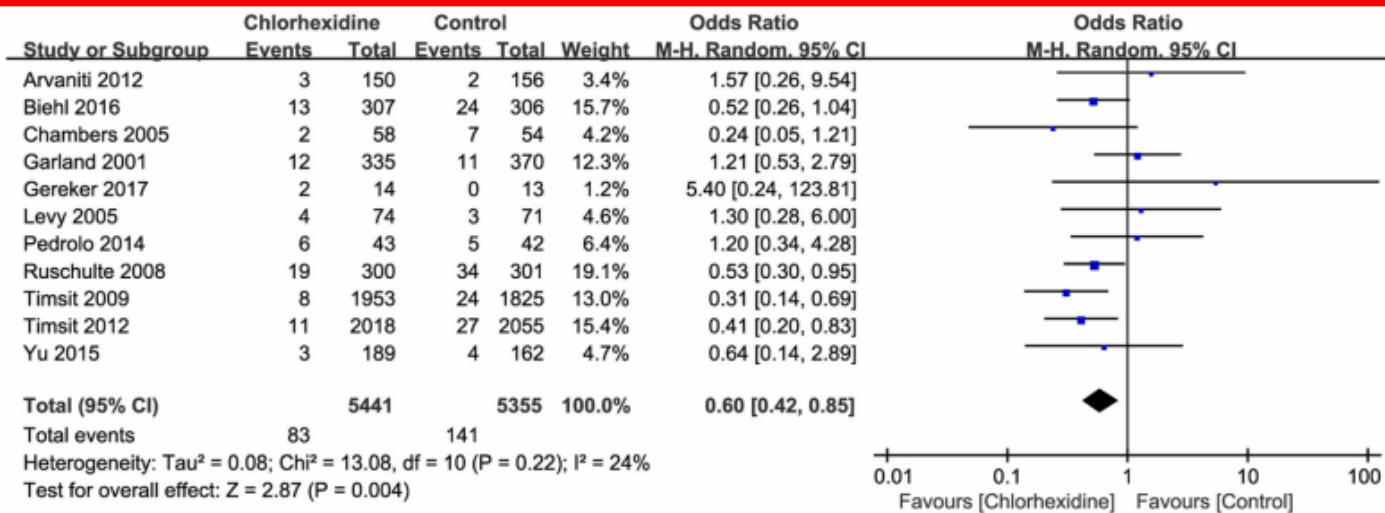
1. Ensure appropriate nurse-to-patient ratio and limit use of float nurses in ICUs (Quality of Evidence: HIGH)<sup>34,35</sup>
2. Use chlorhexidine-containing dressings for CVCs in patients over 2 months of age (Quality of Evidence: HIGH)<sup>45</sup>

OK

Small discussion

- Recent SR & MA & «real-life» study:

Skin antisepsis with OH  
2% CHG



B Forest plot for the incidence of CRBSI

Fig. 4 The forest plot for different outcomes

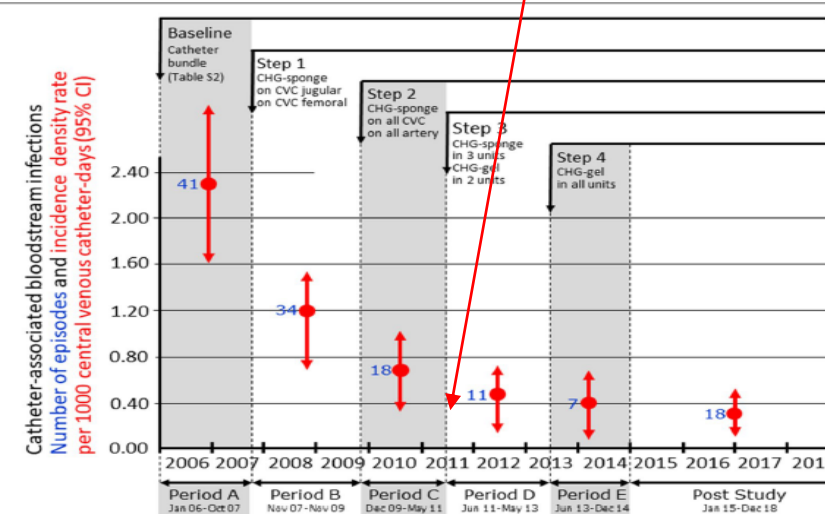


Fig. 2 Post-study surveillance data (2015-2018) of catheter-associated bloodstream infections (CABSIs). CABSIs expressed as rate of infection by central venous catheter-days. Period A: 2.31 (95% CI 1.61-3.0) CABSIs per 1000 central venous catheter-days; period B: 1.15 (0.77-1.54); period C: 0.69 (0.37-1.01); period D: 0.47 (0.19-0.75); period E: 0.38 (0.10-0.67); post-study period: 0.34 (0.18-0.49)

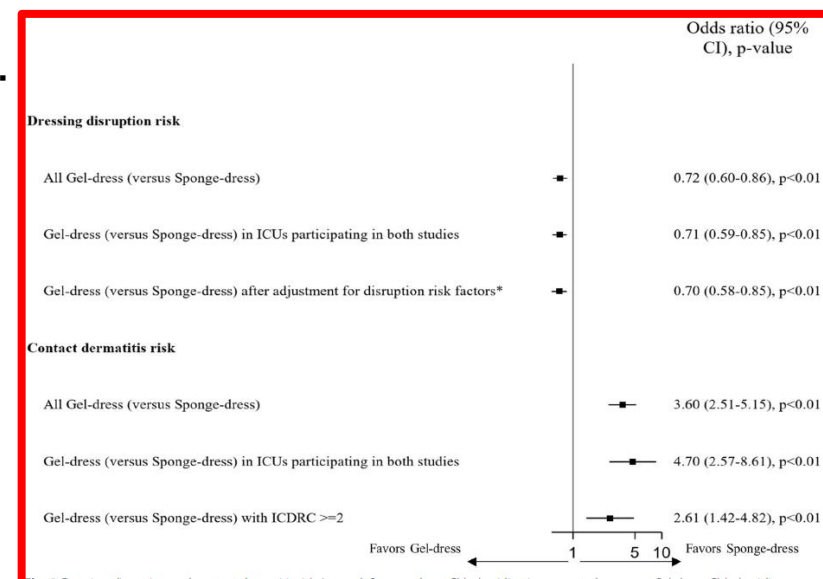
# SHEA/IDSA

After insertion:



CHG-impregnated dressings: Reduction of intravascular catheter infections BUT

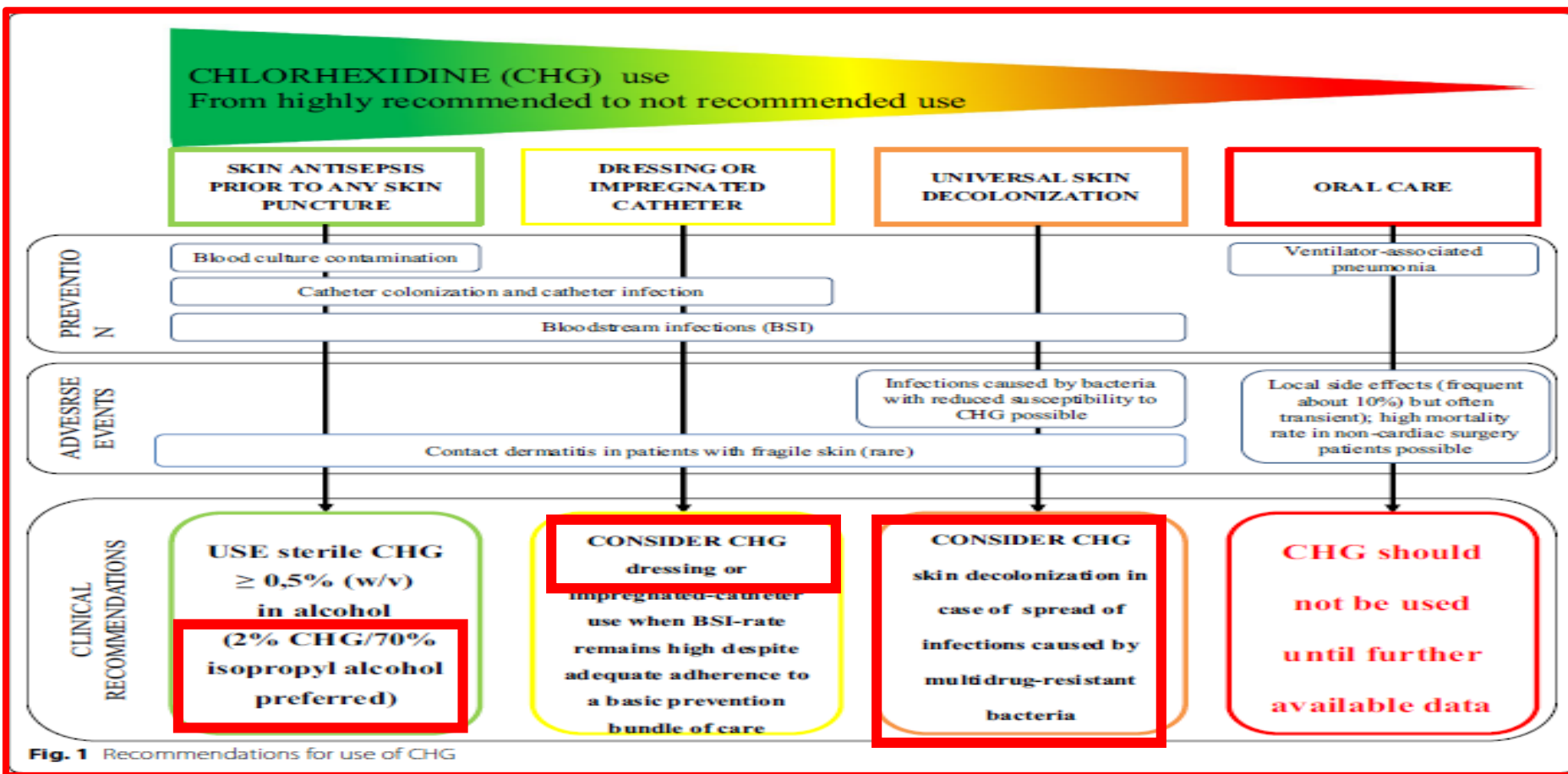
- CHG may trigger contact dermatitis
- What about their impact while applying alcoholic 2% CHG skin antisepsis? Or CHG bathing?
- Ecological impact of broadly use of CHG unknown...
- If yes: probably better CHG-gel (*versus* sponge):
  - Similar infection rates but less disruptions
  - Concomitant use with CHG skin antisepsis
    - ↑ dermatitis





# SHEA/IDSA

## Small note on CHG:



# SHEA/IDSA

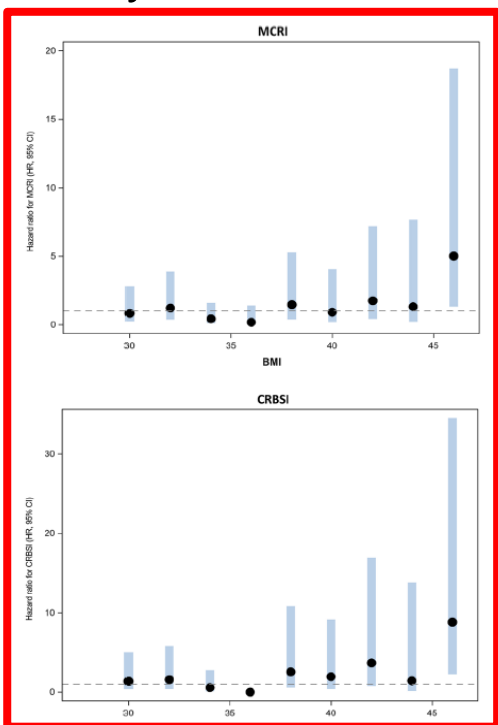
## After insertion:

3. For non-tunneled CVCs in adults and children, change transparent dressings and perform site care with a chlorhexidine-based antiseptic at least every 7 days or immediately if the dressing is soiled, loose, or damp. Change gauze dressings every 2 days or earlier if the dressing is soiled, loose, or damp (Quality of Evidence: MODERATE)<sup>145-148</sup>

OK

- Pay attention to dressing disruptions:

**Patients with BMI ≥ 40: ↑ risk for intravascular infection (more dressing disruptions!)**



### Risk for patients with BMI ≥ 40

	Hazard Ratios (95% CI)
<b>Risk for MCRI :</b>	
Unadjusted MCRI	2.174 (1.195-3.955), p=0.0110
Adjusted MCRI	2.192 (1.189-4.041), p=0.0119
<b>Risk for CRBSI :</b>	
Unadjusted CRBSI	1.857 (1.109-3.110), p=0.0188
Adjusted CRBSI	1.880 (1.131-3.123), p=0.0148

# SHEA/IDSA

## After insertion:

4. Disinfect catheter hubs, needleless connectors, and injection ports before accessing the catheter (Quality of Evidence: MODERATE)<sup>150-154</sup>

5. Remove nonessential catheters (Quality of Evidence: MODERATE)

6. Routine replacement of administration sets not used for blood, blood products, or lipid formulations can be performed at intervals up to 7 days (Quality of Evidence: HIGH)<sup>164</sup>

7. Perform surveillance for CLABSI in ICU and non-ICU settings (Quality of Evidence: HIGH)<sup>13,165,166</sup>

OK

OK

Recent study

OK

- RSVP trial
  - Multicenter RCT conducted in Australia
  - CVCs and ACs included
  - Adults and children

**Effect of infusion set replacement intervals on catheter-related bloodstream infections (RSVP): a randomised, controlled, equivalence (central venous access device)–non-inferiority (peripheral arterial catheter) trial**

Claire M Rickard, Nicole M Marsh, Emily N Larsen, Matthew R McGrail, Nicholas Graves, Naomi Runnegar, Joan Webster, Amanda Corley, David McMillan, John R Gowardman, Debbie A Long, John F Fraser, Fenella J Gill, Jeanine Young, Marghie Murgo, Evan Alexandrou, Md Abu Choudhury, Raymond J Chan, Nicole C Gavin, Azlina Daud, Annamaria Palermo, Adrian Regli, E Geoffrey Playford

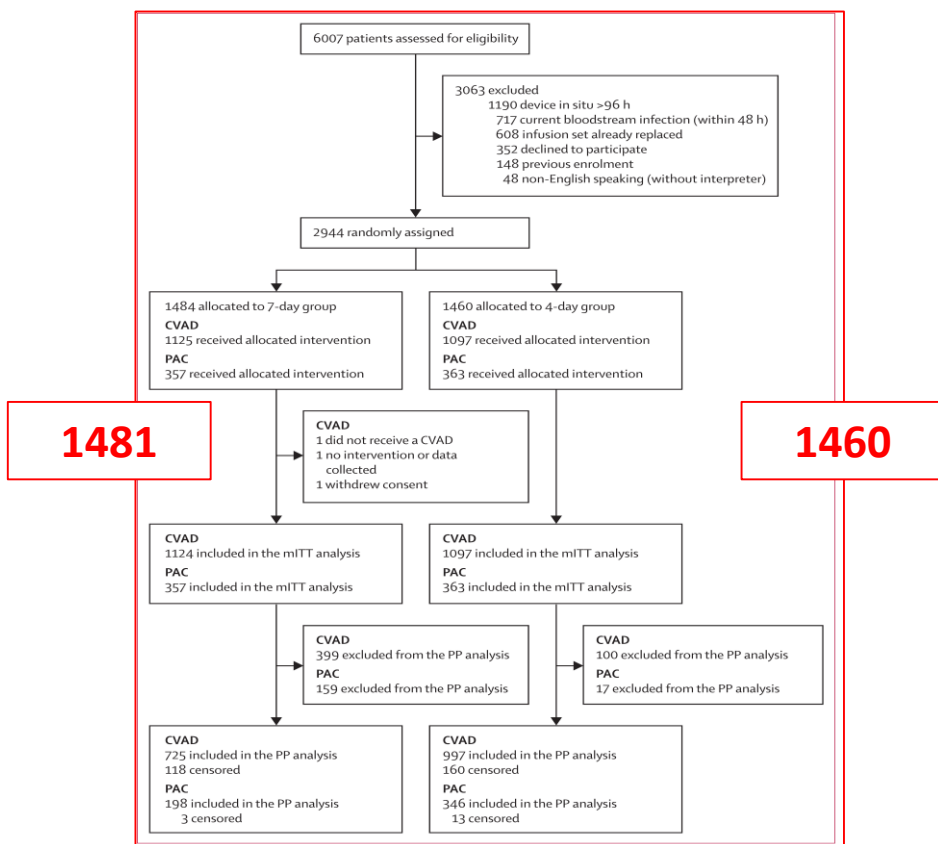
# SHEA/IDSA

## After insertion:

- RSVP trial

Effect of infusion set replacement intervals on catheter-related bloodstream infections (RSVP): a randomised, controlled, equivalence (central venous access device)-non-inferiority (peripheral arterial catheter) trial

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	7-day group (n=1481)	4-day group (n=1460)
Total days studied	17 196	17 438
Adults	1293 (87.3%)	1259 (86.2%)
Age, years	59.0 (47–68)	57.0 (45–67)
Paediatrics	188 (12.7%)	201 (13.8%)
Age, years	3.2 (0.9–10.0)	2.3 (0.8–8.0)
Male	935 (63.1%)	915 (62.7%)
Female	546 (36.9%)	545 (37.3%)
Hospital day at entry	5 (3–9.5)	4 (3–8)
Diagnosis		
Medical—general	452 (30.5%)	483 (33.1%)
Medical—haematology	322 (21.8%)	318 (21.8%)
Emergency surgical	236 (16.0%)	225 (15.4%)
Catheter type		
CVAD	1124 (75.9%)	1097 (75.1%)
Tunnelled cuffed or implanted port	203 (13.7%)	197 (13.5%)
Non-tunnelled	486 (32.8%)	489 (33.5%)
PICC	435 (29.4%)	411 (28.2%)
PAC	357 (24.1%)	363 (24.9%)

# SHEA/IDSA

## After insertion:

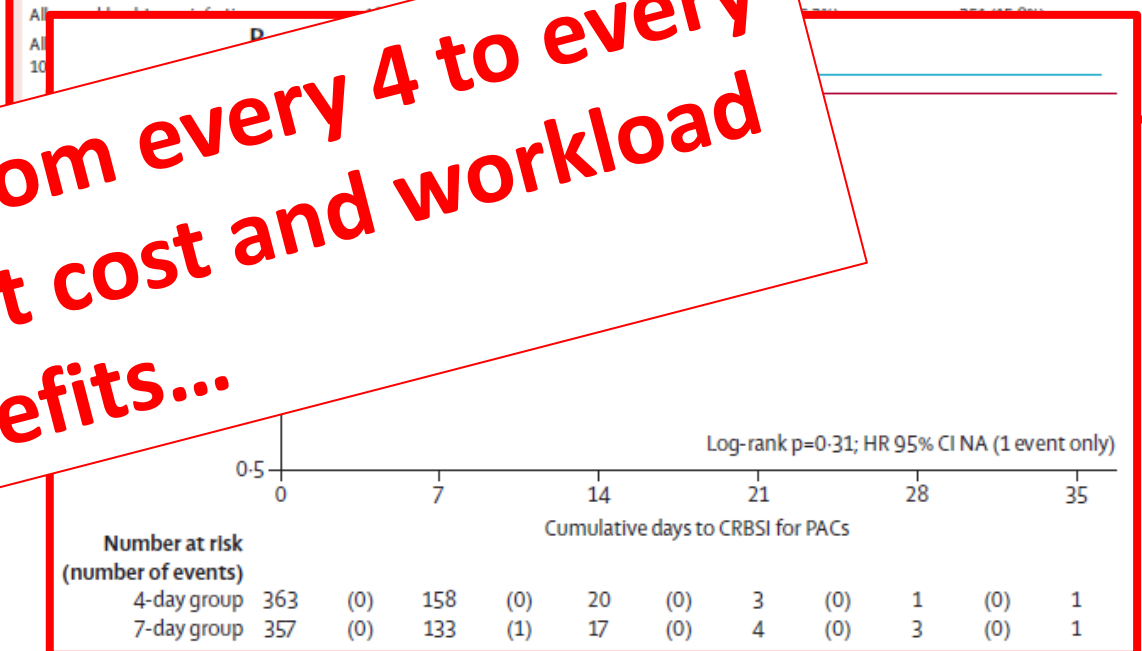
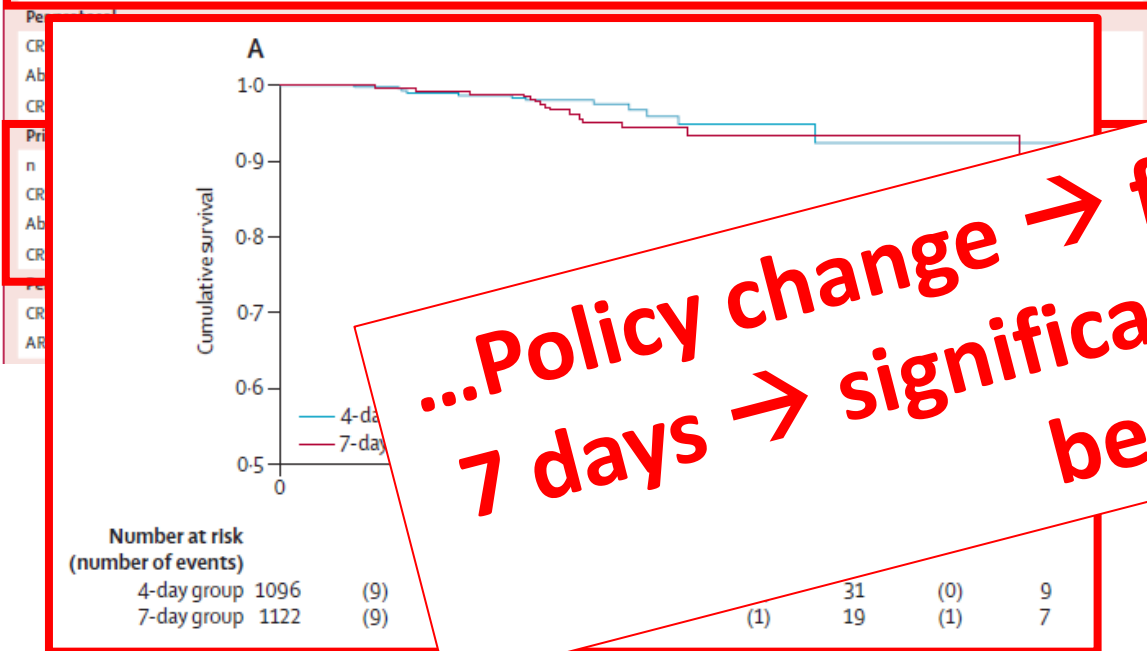
- RSVP trial

Effect of infusion set replacement intervals on catheter-related bloodstream infections (RSVP): a randomised, controlled, equivalence (central venous access device)-non-inferiority (peripheral arterial catheter) trial

Claire M Rickard, Nicole M Marsh, Emily N Larsen, Matthew R McGrail, Nicholas Graves, Naomi Runnegar, Joan Webster, Amanda Corley, David McMillan, John R Gowardman, Debbie A Long, John F Fraser, Fenella J Gill, Jeanine Young, Marghie Murgu, Evan Alexandrou, Md Abu Choudhury, Raymond J Chan, Nicole C Gavin, Azlina Daud, Annamaria Palermo, Adrian Regli, E Geoffrey Playford

	7-day group	p value	4-day group	Overall
<b>Primary endpoint (mITT—CVADs)</b>				
n	1124 (14 698 days)	--	1097 (14 817 days)	2221 (29 515 days)
CRBSI per patient	20 (1.78%)	--	16 (1.46%)	36/2221 (1.62%)
Absolute risk difference	0.32% (-0.73 to 1.37)	--	--	--
CRBSI per 1000 days	1.36 (0.8 to 2.0)	--	1.08 (0.6 to 1.6)	1.22 (0.8 to 1.6)
CRBSI HR	1.33 (0.69 to 2.57)	0.40	--	--

	7-day group	p value	4-day group	Overall
<b>Primary endpoint (mITT—CVADs)</b>				
n	1124 (14 698 days)	--	1097 (14 817 days)	2221 (29 515 days)
<b>Secondary outcomes (CVADs)</b>				
Infusion set colonised	4/39 (10.3%)	1.00	7/60 (11.7%)	11/99 (11.1%)
Tip colonised†	26 (2.3%)	--	(2.0%)	48 (2.2%)
Tip colonised per 1000 days	1.8	--	1.5	1.6
HR	1.35 (0.76 to 2.41)	0.31	--	--



**...Policy change → from every 4 to every 7 days → significant cost and workload benefits...**



# SHEA/IDSA

## Additional Approaches

1. Use antiseptic- or antimicrobial-impregnated CVCs (Quality of Evidence: HIGH in adult patients<sup>38,39,169-171</sup> and Quality of Evidence: MODERATE in pediatric patients)<sup>172,173</sup>
2. Use antimicrobial lock therapy for long-term CVCs (Quality of Evidence: HIGH)<sup>177-184</sup>
3. Use rec...
4. Utilize in...
5. Use anti...
6. Use an a...

Study/year/Country	Antimicrobial-coated central venous catheters	Number of patients	Age (year) Mean ± SD	CRBSIs, n/total	Catheter duration, days	CR, n/total
Yücel et al. [17] /2004/Germany	AC versus CSC	223	62 (29-80)/61 (21-80) <sup>†</sup>	0/118 0/105	6 (2-36)/6 (2-19) <sup>†</sup>	6/118 38/105
Walz et al. [18] /2010/ USA	AC versus Chlo/SS	960	59.1 ± 15.6/60.1 ± 15.2	65/419 71/398	6.7 ± 4.8/6.8 ± 4.7	12/419 21/398
van Vliet et al. [19] /2011/The Netherlands	Chlo/SS versus CSC	94	67 ± 8/68 ± 7	Not reported	9 ± 7/10 ± 7	6/48 10/46
Thornton et al. [20] /1996/UK	AC versus OVS	176	Not reported	Not reported	Not reported	56/91 68/85
Theaker et al. [21] /2002/UK	Chlo/SS versus CSC	232	62.5	12/101 12/131	7.4/7.2	40/101 55/131
Tennenberg et al. [22] /1997/USA	Chlo/SS versus CSC	282	59.2 ± 1.1/57.9 ± 1.1	5/137 9/145	5.1 ± 0.2 5.3 ± 0.2	Not reported
Sheng et al. [23] /2000/China	Chlo/SS versus CSC	235	64 ± 18/61 ± 18	1/113 2/122	9.1 ± 5.5 8.2 ± 4.6	9/113 25/122
Moss et al. [24] /2000/ UK	AC versus CSC	204	59/61	Not reported	3.79/4.25	3/204
Ostendorf et al. [25] /2005/Germany	Chlo/SS versus CSC	184	51/53 <sup>*</sup>	3/90 7/94	Not reported	3/90 7/94
Osma et al. [26] /2006/Turkey	Chlo/SS versus CSC	133	49.4 ± 19.1/47.8 ± 17.2	Not reported	Not reported	Not reported
Maki et al. [27] /1997/ USA	CSC versus Chlo/SS	158	Not reported	Not reported	Not reported	Not reported
Logghe et al. [28] /2006/UK	AC versus CSC	19	Not reported	Not reported	Not reported	Not reported
León [29] /1999/ Belgium	AC versus CSC	19	Not reported	Not reported	Not reported	Not reported
Khare et al. [30] /2004/Spain	AC versus CSC	19	Not reported	Not reported	Not reported	Not reported
Kalfon et al. [31] /2007/France	AC versus CSC	19	Not reported	Not reported	Not reported	Not reported
Jaeger et al. [32] /2005/Germany	AC versus CSC	19	Not reported	Not reported	Not reported	Not reported
Hagaua et al. [33] /2009/Romania	AC versus CSC	19	Not reported	Not reported	Not reported	Not reported
Corral et al. [34] /2003/Spain	AC versus CSC	19	Not reported	Not reported	Not reported	Not reported
Carrasco et al. [35] /2004/USA	AC versus CSC	19	Not reported	Not reported	Not reported	Not reported
Camargo et al. [36] /2009/Brazil	AC versus CSC	19	Not reported	Not reported	Not reported	Not reported
Ryu-Christine et al. [37] /2005/USA	AC versus CSC	19	Not reported	Not reported	Not reported	Not reported

Study/year/Country	Intervention	n	Age (year) Mean ± SD	CRBSIs, n/total	Catheter duration, days	CR, n/total
Bach et al. [38] /1999/ Germany	OVS versus CSC	67	Not reported	2/34 2/33	Not reported	18/34 19/33
Bach et al. [39] /1996/ Germany	AC versus CSC	20	Not reported	Not reported	Not reported	3/10 4/10
Antonelli et al. [40] /2012/Italy	OVS versus CSC	272	64.8 ± 16.6/62.9 ± 17.3	6/135 7/137	13 ± 24/15 ± 37	44/135 41/137
Moretti et al. [41] /2005/USA	OVS versus CSC	514	Not reported	1/262 0/252	6.2/5.7 <sup>*</sup>	Not reported
Rupp et al. [42] /2005/USA	CSC versus Chlo/SS	777	61 ± 15.5/60 ± 16.4	3/393	Not reported	3/393
Rickard et al. [43] /2016/Australia	Chlo/SS versus CSC	404	55.06 ± 18.66/54.06 ± 18.66	Not reported	Not reported	Not reported

**Studies before best practice procedures where CRBSI levels were unacceptably high compared with today's standards**

Study/year/Country	Intervention	n	Age (year) Mean ± SD	CRBSIs, n/total	Catheter duration, days	CR, n/total
Hanucci et al. [45] /2003/Italy	CSC versus OVS	545	65 ± 15.3/63.5 ± 15.2	12/277 9/268	9 ± 6.9/9.1 ± 7	31 ± 7/21 ± 4
Raad et al. [46] /1997/ USA	CSC versus AC	298	56 (17-88)/58 (19-87) <sup>†</sup>	7/136 5/130	6 (1-21)/6 (1-28) <sup>†</sup>	36/136 11/130
Fraenkel et al. [47] /2006/Australia	AC versus OVS	646	53.2 ± 20.1/53.4 ± 19.5	4/280 5/294	6.23 ± 3.83/6.25 ± 3.9	25/280 43/294
Collin [48] /1998/USA	Chlo/SS versus CSC	220	46.4/47.2 <sup>*</sup>	1/58 4/61	9.0 ± 6.1/7.3 ± 5.0	2/58 25/61
Dünser et al. [49] /2005/Australia	OVS versus Chlo/SS versus CSC	275	63 ± 16/62 ± 16/60 ± 16	Not reported	9.3 ± 4/9.7 ± 4/10.7 ± 4.2	27/160 12/165 19/160

# SHEA/IDSA

## Approaches that Should Not Be Considered a Routine Part of CLABSI Prevention

1. Do not use antimicrobial prophylaxis for short-term or tunneled catheter insertion or while catheters are *in situ* (Quality of Evidence: HIGH)<sup>209-213</sup>
2. Do not routinely replace CVCs or arterial catheters (Quality of Evidence: HIGH)<sup>214</sup>

## Unresolved Issues

1. Routine use of needleless connectors as a CLABSI prevention strategy before an assessment of risks, benefits, and education regarding proper use<sup>215-219</sup>
2. Surveillance of other types of catheters (eg, peripheral arterial or peripheral venous catheters)<sup>11,21,22</sup>
3. Standard, nonantimicrobial transparent dressings and CLABSI risk.
4. The impact of using chlorhexidine-based products on bacterial resistance to chlorhexidine
5. Sutureless securement
6. Impact of silver zeolite-impregnated umbilical catheters in preterm infants (applicable in countries where it is approved for use in children)<sup>227</sup>
7. Necessity of mechanical disinfection of a catheter hub, needleless connector, and injection port before accessing the catheter when antiseptic-containing caps are being used

- Maybe the future....:
  - Standard catheter securement: CVC → skin with sutures
    - possible nidus for bacterial colonization?
  - Suture-free systems:
    - “Safe”: similar percentage of catheter migration or unplanned removals, prevent catheter failure?
    - Maybe promising systems for preventing infections? Some data from hemodialysis catheters...



# CONTENT

- Introduction
- SHEA/IDSA compendium 2022
- Selected recently published studies about the prevention of intravascular catheter infections
- Conclusions

# SELECTED PUBLICATIONS

## 1. Prone position and intravascular catheter infections

- 202 patients matched: age, sex, year of hospitalisation, centre, SAPS II at admission and length of ICU stay

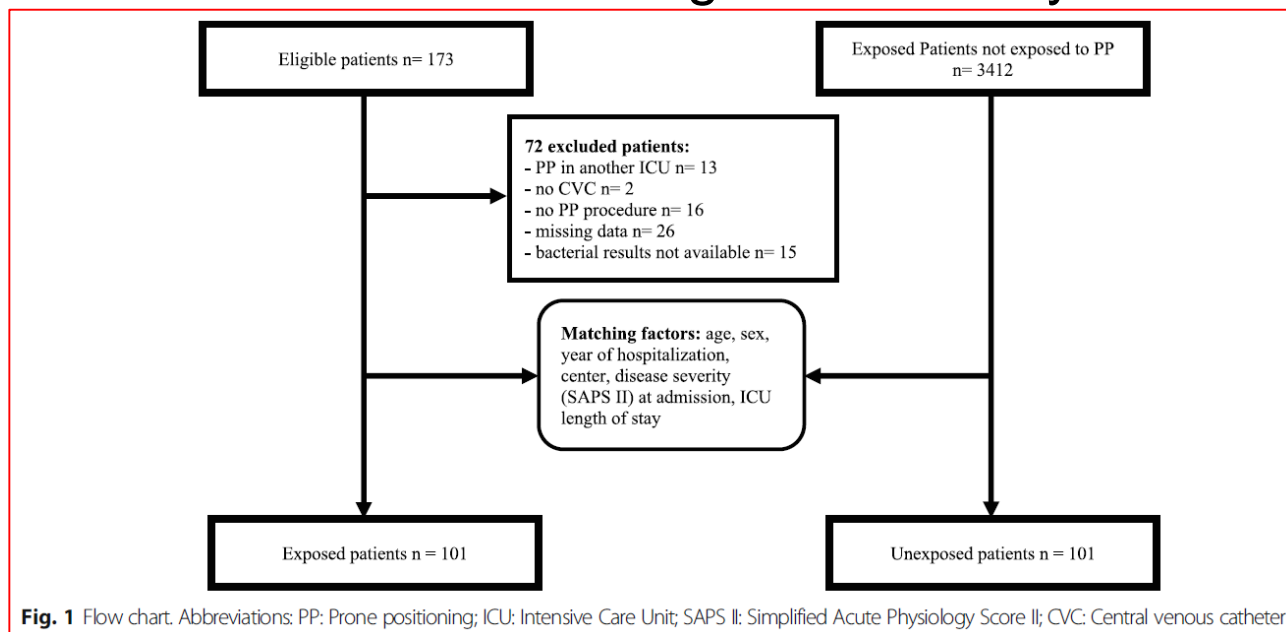


Fig. 1 Flow chart. Abbreviations: PP: Prone positioning; ICU: Intensive Care Unit; SAPS II: Simplified Acute Physiology Score II; CVC: Central venous catheter

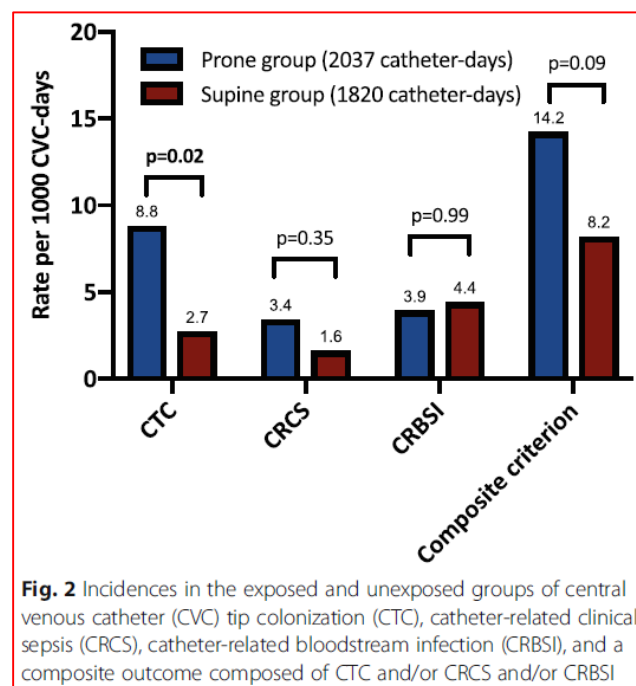
Characteristics	Total cohort (N = 202)	Exposed (prone) group (N = 101)	Unexposed (supine) group (N = 101)
Centre 1 (VS 2)	90 (45)	45 (45)	45 (45)
Gender (M)	147 (73)	74 (73)	74 (73)
Age (y)	61 (48–68)	61 (46–68)	61 (52–70)
BMI (kg/m <sup>2</sup> )	28 (25–34)	30 (26–35)	27 (24–31)
SAPS II score	54 (43–66)	54 (43–66)	53 (44–66)
SOFA score	9 (8–12)	10 (8–12)	9 (8–11)
Immunosuppression <sup>a</sup>	98 (49)	51 (51)	47 (47)
Surgical admission (vs. medical)	36 (18)	14 (14)	22 (22)
Nosocomial patient origin (vs. community)	98 (49)	49 (49)	49 (49)
Catheterization duration (days)	17 (8–26)	19 (9–27)	14 (8–25)
Number of catheter per patient	2 (1–3)	2 (1–2)	2 (1–3)
Catheter insertion site			
Jugular	148 (73)	76 (75)	72 (71)
Subclavian	18 (9)	8 (8)	10 (10)
Femoral	36 (18)	17 (17)	19 (19)



# SELECTED PUBLICATIONS

## 1. Prone position and intravascular catheter infections

- 202 patients matched: age, sex, year of hospitalisation, centre, SAPS II at admission and length of ICU stay



Multivariate analysis  
identified PP as a factor related to  
catheter colonization or infection (p=0.04)

# SELECTED PUBLICATIONS

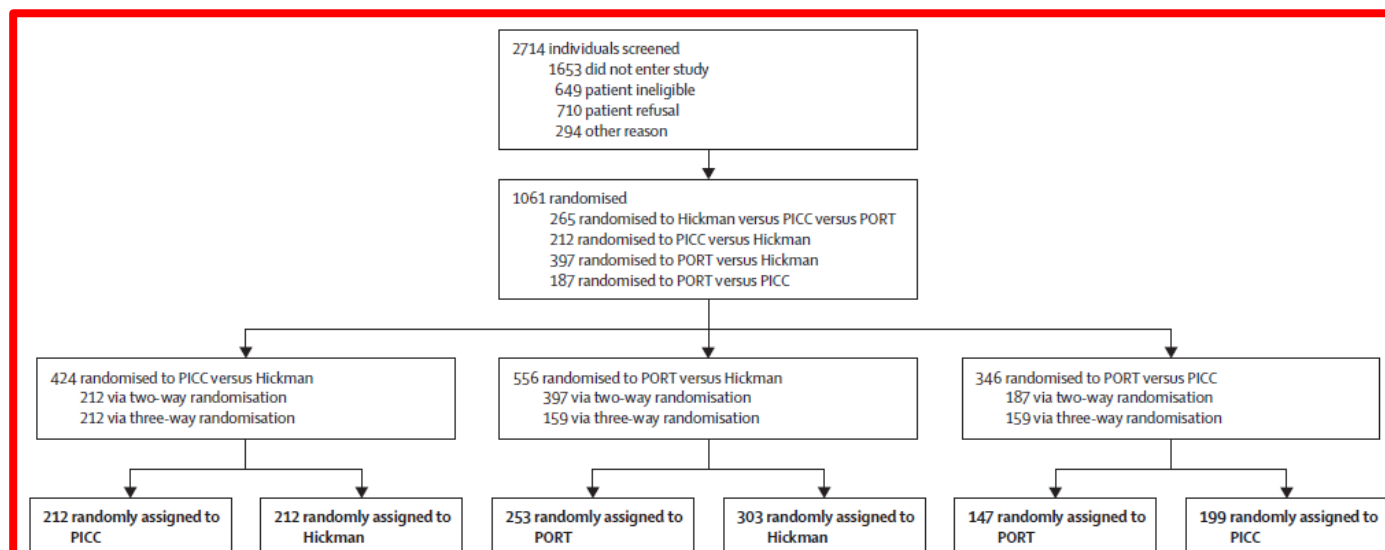
## 2. Catheter type and risk of infection in oncological patients

- Hickman-type tunnelled catheters (Hickman) *versus* PICCs *versus* totally implanted ports (PORTs)
- Systemic anticancer treatment (3 months) via a central vein
- Open-label, multicentre, randomised controlled trial
- Haematological malignancy from 18 oncology units in the UK
- **Primary outcome: complication rate** (composite)
  - infection, venous thrombosis, pulmonary embolus, inability to aspirate blood, mechanical failure, and other)
- FUP: until device removal, withdrawal from study, or 1-year follow-up

# SELECTED PUBLICATIONS

## 2. Catheter type and risk of infection in oncological patients

- 1061 were enrolled



# SELECTED PUBLICATIONS

## 2. Catheter type and risk of infection in oncological patients

	PICCs vs Hickman		PORTs vs Hickman		PORTs vs PICCs	
	PICCs (n=212)	Hickman (n=212)	PORTs (n=253)	Hickman (n=303)	PORTs (n=147)	PICCs (n=199)
<b>Number of complications</b>						
0	102 (48%)	109 (51%)	180 (71%)	172 (57%)	100 (68%)	106 (53%)
≥1	110 (52%)	103 (49%)	73 (29%)	131 (43%)	47 (32%)	93 (47%)
<b>Laboratory confirmed bloodstream infection</b>						
Patients	10 (5%)	41 (19%)	14 (6%)	49 (16%)	8 (5%)	7 (4%)
Complications	11 (6%)	43 (25%)	16 (12%)	54 (27%)	9 (11%)	7 (5%)
<b>Suspected catheter-related bloodstream infection</b>						
Patients	10 (5%)	18 (9%)	19 (8%)	15 (5%)	8 (5%)	5 (3%)
Complications	12 (7%)	23 (14%)	21 (16%)	16 (8%)	11 (13%)	7 (5%)
<b>Venous thrombosis</b>						
Patients						

**PORTs are more effective and safer than both Hickman and PICCs...**  
**Our findings suggest that most patients receiving SACT for solid tumours should receive a PORT within the UK National Health Service...**

# SELECTED PUBLICATIONS

## 3. PICC *versus* midlines

- Multihospital registry (48 hospitals)
- Patients admitted to a participating site from Dec 2017 to Jan 2020
  - PICC or midline placement for the indications of difficult venous access or intravenous antibiotic therapy prescribed for 30 or fewer days
- **Composite outcome:** symptomatic catheter-associated deep vein thrombosis (DVT), catheter-related bloodstream infection and catheter occlusion.



# SELECTED PUBLICATIONS

## 3. PICC *versus* midlines

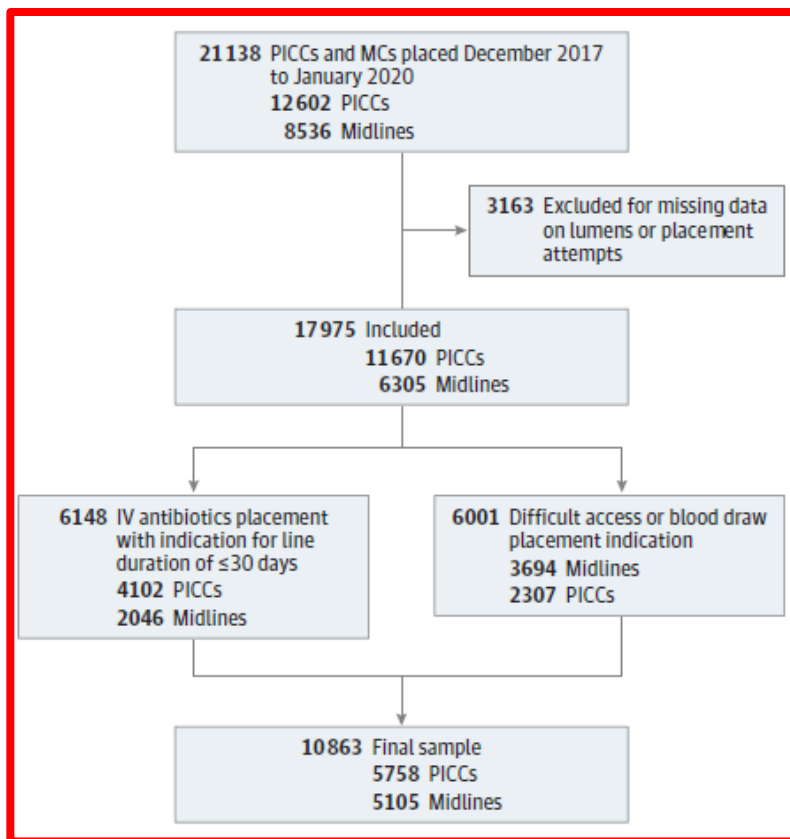


Table 1. Patient, Device, and Hospital Characteristics (n = 10 863)

Characteristic	No. (%)		Standardized mean difference	Total, No. (%)
	Midline (n = 5105)	PICC (n = 5758)		
<b>Patient characteristics</b>				
<b>Sex</b>				
Female	2969 (58.2)	2772 (48.1)	0.202	5741 (52.8)
Male	2136 (41.8)	2986 (51.9)	-0.202	5122 (47.2)
<b>Race and ethnicity<sup>a</sup></b>				
Asian	32 (0.6)	27 (0.5)	0.022	59 (0.5)
Black	2001 (39.2)	1065 (18.5)	0.469	3066 (28.2)
White	2877 (56.4)	4373 (75.9)	-0.423	7250 (66.7)
Age group, ≥65 y	2524 (49.4)	2852 (49.5)	-0.002	5376 (49.5)
Age, median (IQR)	64.8 (52.8-75.5)	64.9 (53.8-75.4)	-0.019	64.8 (53.4-75.4)
Charlson, median (IQR)	3 (2-5)	3 (2-5)	0.041	3 (2-5)
BMI, median (IQR)	28.8 (23.9-35.8)	29.2 (24.2-35.7)	-0.007	29.0 (24.1-35.8)
Admitted from home	4499 (88.1)	4978 (86.5)	0.050	9477 (87.2)
<b>Level of care</b>				
ICU	1145 (22.5)	1557 (27.1)	-0.106	2702 (24.9)
Inpatient medical floor	3874 (76.1)	4165 (72.4)	0.085	8039 (74.1)
Outpatient/emergency department	74 (1.4)	33 (0.6)	0.08809	107 (0.1)

# SELECTED PUBLICATIONS

## 3. PICC *versus* midlines

Table 1. Patient, Device, and Hospital Characteristics (n = 10 863) (continued)

Characteristic	No. (%)		Standardized mean difference	Total, No. (%)
	Midline (n = 5105)	PICC (n = 5758)		
<b>Device characteristics</b>				
<b>Placement indication</b>				
Short-term antibiotics	2046 (40.1)	4102 (71.2)	-0.661	6148 (56.6)
Chemotherapy	5 (0.1)	76 (1.3)	-0.146	81 (0.7)
Difficult access/blood draws	3694 (72.4)	2307 (40.1)	0.688	6001 (55.2)
Multiple fluids	62 (1.2)	239 (4.2)	-0.183	301 (2.8)
TPN	2 (<0.1)	218 (3.8)	-0.276	220 (2.0)
<b>No. of device lumens</b>				
Single	4334 (84.9)	3637 (63.2)	0.512	7971 (73.4)
Double	762 (14.9)	1750 (30.4)	-0.376	2512 (23.1)
Triple/quadruple	9 (0.2)	371 (6.4)	-0.355	380 (3.5)
<b>Gauge</b>				
4F	4464 (87.4)	3425 (59.5)	0.668	7889 (72.6)
5F	638 (12.5)	2202 (38.2)	-0.619	2840 (26.1)
≥6F	3 (0.1)	131 (2.3)	-0.208	134 (1.2)
Device length, median (IQR), cm	14 (10-16)	42 (39-46)	-6.601	35 (14-43)
Device duration, median (IQR), d	6 (3-12)	14 (7-27)	-0.776	10 (5-20)
Device removal (for any complication)	371 (7.3)	300 (5.2)	0.085	671 (6.2)



# SELECTED PUBLICATIONS

## 4. New bundle among haemodialysis patients in Australia

- Stepped wedge, cluster randomised trial in 37 renal services across Australia (adults)
- Multifaceted intervention bundle that included elements of catheter care was implemented at one of three randomly assigned time points
- Outcome: CRBSI

# SELECTED PUBLICATIONS

## 4. New bundle among haemodialysis patients in Australia

- At time of **catheter insertion**
- Surgical aseptic technique (hand hygiene, sterile gloves, surgical mask, eye protection, and gown), and a sterile environment (sterile surgical field on the patient) or a sterile room as per unit availability must be applied.
- An antiseptic solution using a minimum of **2% chlorhexidine with 70% alcohol** must be used
- Site of insertion:
  - The right **internal jugular vein** is the best site for catheter insertion
  - Avoid catheters in the subclavian vein owing to incidence of central vein stenosis
  - Avoid femoral catheters when possible
- We do not recommend any specific catheter type
- **Ultrasound** guided catheter placement is recommended if the resources are available
- **Semi-permeable transparent dressing** must be applied to the line. If a patient is allergic to these dressings, then an alternative appropriate dressing may be used
- All patients must receive education on the following topics:
  - Vascular access care
  - Hand hygiene
  - Risks related to catheter use
  - Recognising signs of infection
  - Instructions for access management when away from the dialysis unit
  - To ensure that their catheter and exit site are kept dry
  - To seek assistance from dialysis should a dressing become wet, soiled, or leak, or if the catheter itself begins to slip out
  - To not shower in the first 72 hours after catheter insertion. After 72 hours, in order to have a shower, the catheter site must be covered with waterproof material
- All patients should receive a copy of the REDUCTION catheter care sheet

# SELECTED PUBLICATIONS

## 4. New bundle among haemodialysis patients in Australia

### Catheter maintenance

- Hand hygiene, sterile gloves, a plastic apron, and aseptic technique (hand hygiene, gloves) must be applied at all occasions of catheter access:
  - An antiseptic solution using a minimum of 2% chlorhexidine with 70% alcohol must be used
  - For those unable to tolerate chlorhexidine, povidone-iodine or 70% alcohol may be used
- Dressing must be changed at least every seven days and each time the dressing appears visibly soiled or loose
- We do not recommend the routine use of mupirocin ointment or medicated honey at the catheter exit site
- All units must use at least one of the following specific interventions aimed at prophylaxis against catheter related bacteraemia\*:
  - **Impregnated dressings** (such as chlorhexidine impregnated patch or sponge) at the catheter exit site and/or
  - **Antimicrobial** (eg, citrate or taurolidine based) or **antibacterial** (eg gentamicin) **catheter locking solutions**
- All patients must be advised to ensure that their catheter and exit site are kept dry. Patients must be advised to seek assistance from dialysis should a dressing become wet, soiled, or leak, or if the catheter itself begins to slip out
- All patients should receive a copy of the REDUCCTION catheter care sheet
- All patients must receive education on the following topics:
  - Vascular access care
  - Hand hygiene
  - Risks related to catheter use
  - Recognising signs of infection
  - Instructions for access management when away from the dialysis unit
- All patients must be advised not to shower in the first 72 hours after catheter insertion. After 72 hours, in order to have a shower, the catheter site must be covered with waterproof material



# SELECTED PUBLICATIONS

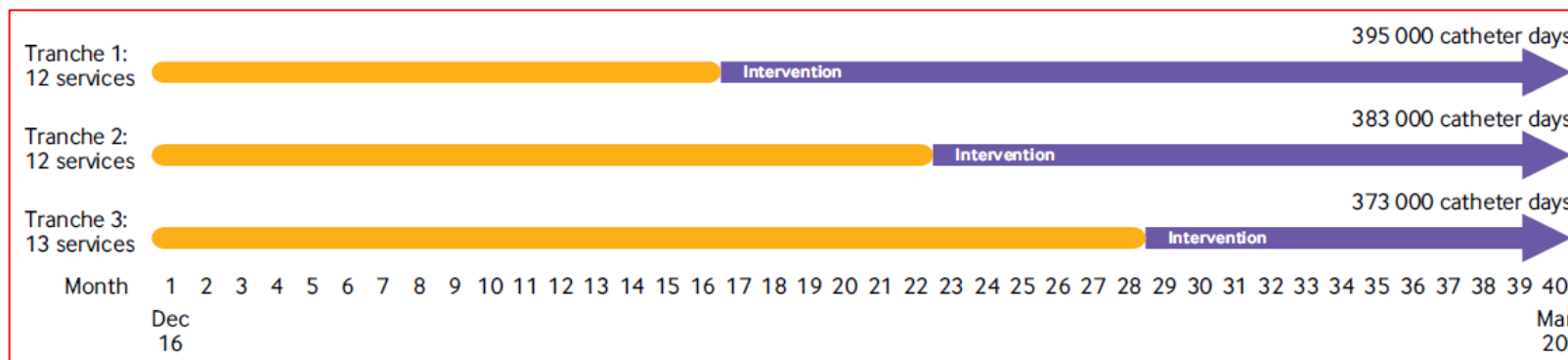
## 4. New bundle among haemodialysis patients in Australia

Table 1 | Patient characteristics during baseline and intervention phases of trial

Characteristics	Baseline phase (n=3519)	Intervention phase (n=2845)
Women	1398 (39.7)	1110 (39.0)
Mean (SD) age	60.7 (15.8)	60.9 (15.9)
Ethnicity:		
Asian*	293 (8.3)	240 (8.4)
White	2250 (63.9)	1822 (64.0)
First Nationst	378 (10.7)	342 (12.0)
Pacific Islandert	89 (2.5)	63 (2.2)
Other or not recorded	509 (14.5)	378 (13.3)
Diabetes mellitus:		
Diet controlled	304 (8.6)	172 (6.0)
Drug controlled	1251 (35.5)	1049 (36.9)
Immunosuppressant use	472 (13.4)	372 (13.1)

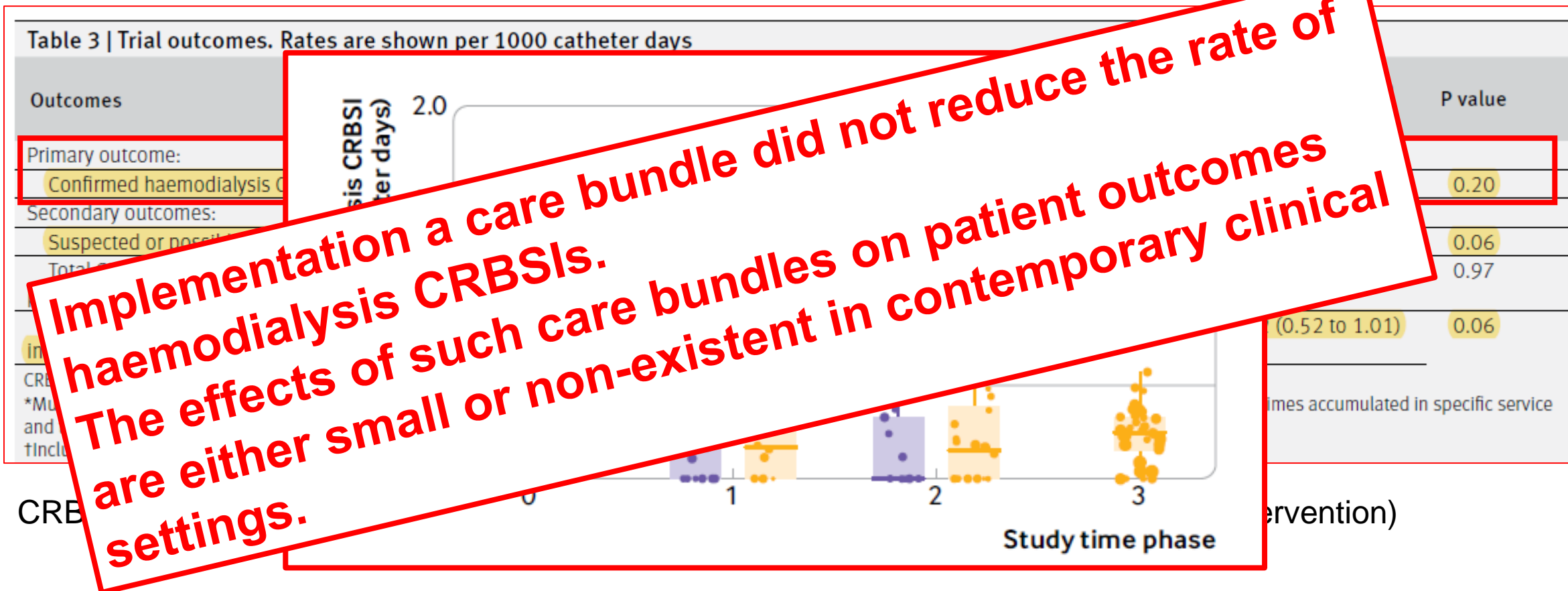
Table 2 | Characteristics of haemodialysis catheters during baseline and intervention phases of trial

Characteristics	Baseline phase		Intervention phase	
	Catheters	Catheter days	Catheters	Catheter days
Total No of catheters	5431	497 875	5862	648 390
Insertion on left side of body	1003 (18.5)	82 479	1080 (18.4)	104 582
Vein of insertion:				
Internal jugular	4653 (85.7)	457 083	5130 (87.5)	615 014
Femoral	592 (10.9)	15 058	554 (9.4)	15 034
Subclavian	152 (2.8)	21 752	139 (2.4)	13 447
Other or unknown	34 (0.7)	3982	39 (0.7)	4895
Catheter type*:				
Tunnelled	4069 (74.9)	482 001	4696 (80.1)	633 820
Non-tunnelled	1361 (25.1)	15 838	1165 (19.9)	14 297
Reason for central venous access:				
Acute kidney injury	1898 (34.9)	95 340	1865 (31.8)	118 947
Start of maintenance dialysis without functioning access	1808 (33.3)	215 685	2235 (38.1)	302 293
Transfer from peritoneal dialysis (temporary or permanent)	644 (11.8)	75 709	612 (10.4)	85 541
Arteriovenous fistula or graft thrombosis	645 (11.9)	70 056	742 (12.7)	89 175
Arteriovenous fistula or graft infection	95 (1.7)	6636	78 (1.3)	8730
Other	344 (6.1)	587	331 (5.6)	3514



# SELECTED PUBLICATIONS

## 4. New bundle among haemodialysis patients in Australia



# CONTENT

- Introduction
- SHEA/IDSA compendium 2022
- Selected recently published studies about the prevention of intravascular catheter infections
- Conclusions

# CONCLUSIONS

## STRUCTURE AND PROCESS OF CARE FOR PREVENTION OF INTRAVASCULAR CATHETER INFECTIONS

Participate to a surveillance network.  
Educate, assess knowledge and  
audit the adherence to recommendations of ICU HCWs.  
Organize a follow-up of your process of care and  
**CRBSI** rate.

**CLABSI?**

Use only trained HCWs who demonstrate  
competence for the catheter insertion and maintenance.  
Assure adequate nurse-to-patient ratio.  
Use checklist for catheter insertion, catheter care and catheter  
removal.



# CONCLUSIONS

## CATHETER INSERTION

**Chlorhexidine bathing?**

### RECOMMENDED:

Hand hygiene  
Full barrier precautions for  
CVC insertion.  
Preparation of cutaneous site  
with 2% alcoholic CHG.  
Subclavian rather than jugular or  
femoral access.

**Ultrasound guidance?**

### DO NOT:

Insert unnecessary CVCs.  
Replace CVCs systematically.  
Scrub the skin with antiseptic detergent before application of an  
antiseptic solution.  
Use subclavian access for short-term dialysis  
catheters.

**Do not administer systemic  
antibiotics as a prevention  
measure!**

# CONCLUSIONS







niccolo.buetti@gmail.com  
niccolo.buetti@hcuge.ch

!!!!!!THANK YOU!!!!!!